



COACHING MATTERS

UPDATE ON THE RIDER COACHING SCHEME

Building on the success of the Jockey Coaching Programme, senior staff can apply to train as a Rider Coach, giving them the coaching skills to support young or inexperienced colleagues in their yards.

The first course hosted in Newmarket was a great success and saw six senior staff achieve a Level 1 coaching qualification. Seven senior staff in the Malton area are currently undergoing training and are on target for achievement in early August.

Under the guidance of Sue Ringrose (Lead Coach Educator) and Russell Kennemore (Level 3 Jockey Coach), we have seen the coaches grow from strength-to-strength, utilising their skills with confidence. They have also achieved a BHA safeguarding and first aid qualification. Last year, 12 Middleham Level 1 Rider Coaches completed the course, and they are now flourishing in their yards and investing in their progression with CPD activities.

The scheme heads to Lambourn this autumn. If you have a keen interest in mentoring and supporting staff and have significant industry experience, please get in touch!

A taster session will be held at Oaksey House on 13 August during the staff's lunchtime. For more information, please contact Sam Trainor on 07711 782272 or Carol Bramhill on 01638 665103.

RSDP TO DELIVER VITAL INDUSTRY TRAINING

The Regional Staff Development Programme (RSDP) aims to provide training to over one third of racing's workforce.

Building on the success of the Jockey Coaching Programme, senior staff may also apply to train as Rider Coaches, giving them the coaching skills to support younger and inexperienced colleagues in their yards.

119 rider coaches will be trained and mentored, enabling a cascading of skills to other staff.

LEVEL 2 JOCKEY COACHING PROGRAMME

We are delighted to report that five current and former Jockeys have passed the practical assessment towards the achievement of their Level 2 coaching qualification. They bring a wealth of race riding experience and will be important future members of the Jockey Coaching Programme panel.

Ted said: "I very much enjoyed this course – it was a great eye opener in many ways", whilst Leighton was also complimentary, explaining that he had found the course very interesting and well run, with helpful instruction and explanations.



From left to right: Leighton Aspell, Carol Bartley, Charlie Poste, Andrew Tinkler and Ted Durkan.

IMPROVING HORSE AND RIDER THROUGH COACHING

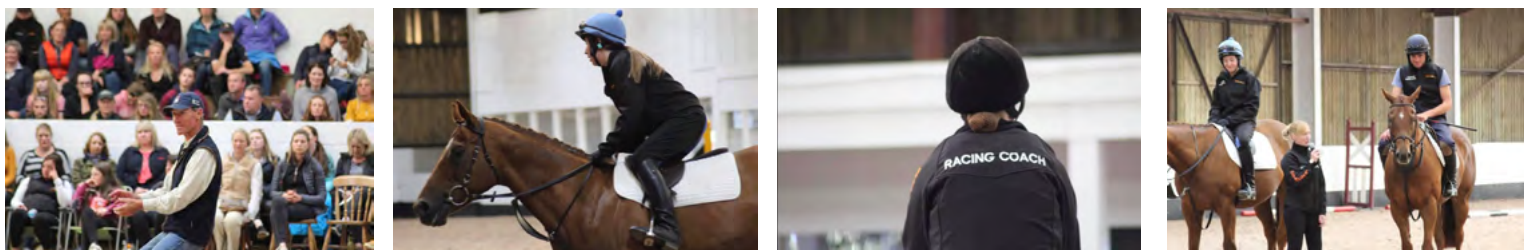
On Tuesday 2 July, during Racing Staff Week, racing staff and the wider community were welcomed to an evening with Christopher Bartle at Richmond Equestrian Centre.

The evening looked at the aims of rider position and how rhythm and balance are key on the flat and over fences from the racing perspective. We had some fantastic and very different rider combinations, from a Rider Coach, assistant trainer and work experience member of staff, to a Conditional Jockey. The horses also varied from those currently being retrained, to those still in training and a young three-year-old with a possibility of a future career over hurdles.

The evening was very well received with over 120 people in attendance, including recently qualified Rider Coaches and volunteer Racing Career Makers. The Lycetts small team champions Jedd O’Keeffe Racing also had a full team turnout for the event. Staff paid a small contribution of £5 and the regional staff development programme showed its support with wrap-around funding.

Big thanks to our riders for the evening – Amy Fife, Anna O’Gorman, Kate Poulter and John Kington – along with their horses and Richmond Equestrian Centre for allowing us to host this event.

Keep your eyes peeled for the next exciting event.



A newly qualified Rider Coach did the demo and mentored a junior member new to the industry.



Conditional and Apprentice Jockeys worked with Christopher to give the audience a different perspective.

SUGGESTED 2019 DATES FOR LEVEL 1 RIDER COACHING PROGRAMME (RCP)

RCP Level 1 – Lambourn		RCP Level 1 – Newmarket	
Introductory Enrolment Day (Oaksey House) 13 August		Taster Afternoon 19 September	
Session 1	29 August	Session 1	1 October
Session 2	17 September	Session 2	15 October
Session 3	8 October	Session 3	1 November
Session 4	22 October	Session 4	19 November
Session 5	5 November	Session 5	3 December
Assessments	19 November	Assessment	10 December